2025-26 ANNUAL REPORT

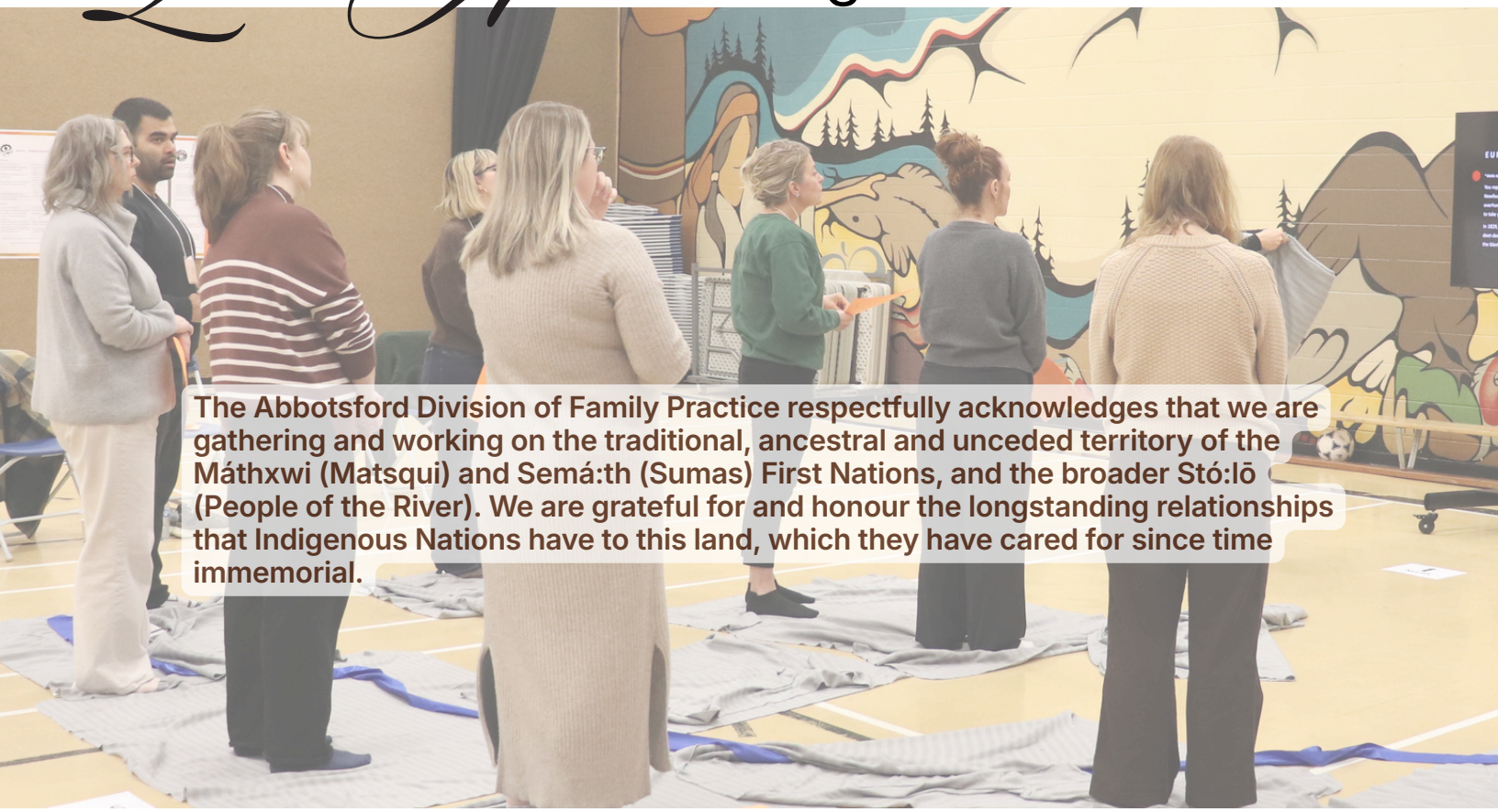
ABBOTSFORD DIVISION OF FAMILY PRACTICE



CONFLUENCE

CONNECTING PROVIDERS, PATIENTS AND PARTNERS FOR HEALTHIER COMMUNITIES

Land Acknowledgment



The Abbotsford Division of Family Practice respectfully acknowledges that we are gathering and working on the traditional, ancestral and unceded territory of the Máthxwi (Matsqui) and Semá:th (Sumas) First Nations, and the broader Stó:lō (People of the River). We are grateful for and honour the longstanding relationships that Indigenous Nations have to this land, which they have cared for since time immemorial.

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MEET THE TEAM



Standing, L-R: Marziyah Hussain, Iman Akbar, Sruti Menon, Rashmi Malhotra, Aven Sidhu, Sheri Josephson, Lindsey Slykhuis, Jasmine Sekhon, Danielle Andrews, Lencee Dupuis-Baker, Mari-Len De Guzman; Sitting, L-R: Nicole Stoner with baby Charlie, Sukhman Phangura, Kylie Clarke, and Emily Staley with baby Ainsley (not in photo: Diana Bae)

Expanding our capacity to serve

Abbotsford Division of Family Practice
An FPSC initiative

Meet the dynamic team working behind the scenes to develop and implement the programs that support our primary health-care providers and strengthen health access in our community. Our team leads physician recruitment and retention, continuing professional development, community partnerships, and member engagement.

In response to our growing community and the evolving demands on our health-care system, our team efficiently expanded this past year, scaling our capacity and ability to serve. This growth reinforces our continued commitment to supporting members, partners and community with responsive and purposeful action.

Sheri Josephson
Executive Director

Kylie Clarke
Director, Governance and Engagement

Jasmine Sekhon
Director, PCN and Special Projects

Marziyah Hussain
People and Culture Manager

Sruti Menon
PCN Project Manager

Mari-Len De Guzman
Strategic Communications Partner

Diana Bae
Program Lead, Seniors' Health and Physician Education

Danielle Andrews
PCN Community Lead

Aven Sidhu
PCN Clinical Integration and QI Lead

Lindsey Slykhuis
Accounting and Business Manager

Emily Staley
Provider Engagement Coordinator (on maternity)

Nicole Stoner
Provider Engagement Coordinator (on maternity)

Lencee Dupuis-Baker
Division Infrastructure Coordinator

Sukhman Phangura
PCN Admin & Provider Engagement Coordinator

Iman Akbar
Engagement and Meeting Coordinator

Geetan Rai
PCN Project Coordinator

Rashmi Malhotra
People and Programs Assistant

Governance & leadership

As I reflect on this past year, I am filled with gratitude for what we have accomplished together. This has been a year of growth, resilience and meaningful progress for the Abbotsford Division of Family Practice, made possible by the dedication of our physicians, nurse practitioners, staff, Board of Directors, Indigenous and community partners, and the many people who continue to believe in a stronger primary care system.

Together, we reached an important turning point as our Primary Care Network moved from planning into action. We have built new partnerships, welcomed new voices to the table, and laid the foundation for more accessible, culturally safe and team-based care for our community. Every step has been guided by a shared commitment to improving the experience of both patients and providers.

I am especially proud of the relationships we continue to build with learners and new physicians. Creating a community where health-care providers feel welcomed, supported and connected is one of the most important investments we can make in Abbotsford's future.

While challenges remain, especially in these uncertain times, I am optimistic about what lies ahead. Thank you for your trust, your collaboration, and your commitment to this work. It is a privilege to serve alongside such an extraordinary community and I look forward to continuing this journey together.



Sheri Josephson

Executive director



Hardeep Aujla

Board chair

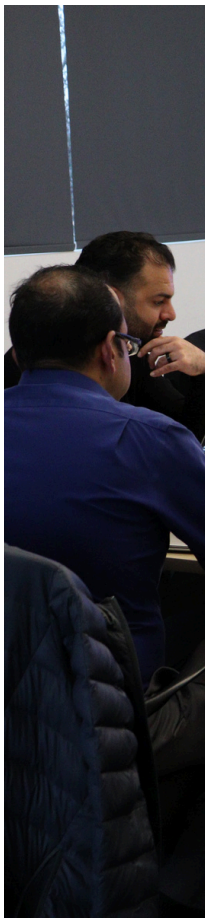
Over the past year, the Abbotsford Division of Family Practice has made significant progress in physician recruitment, onboarding, retention and practice improvement. We have also continued to strengthen the Patient Medical Home and expand team-based care across our community, while supporting family physicians, nurse practitioners, primary care clinics, hospital-based physicians, and long-term care physicians.

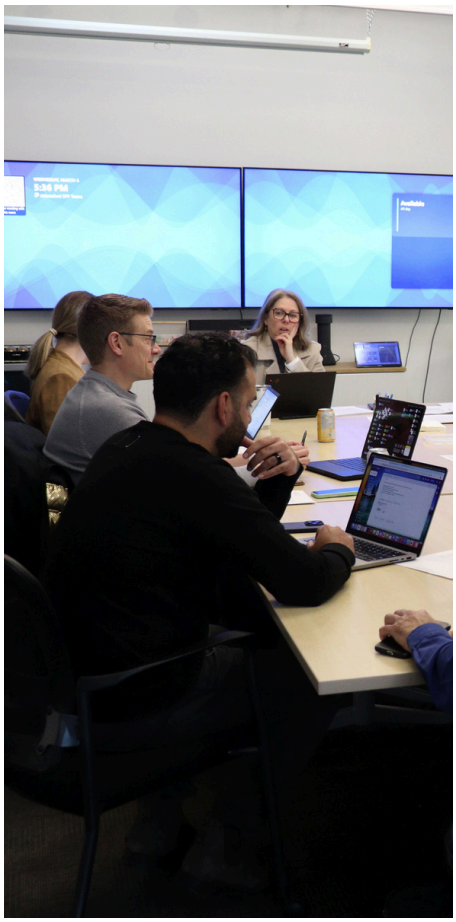
This work depends on meaningful partnerships within our medical community, and with Fraser Health and local organizations. These relationships are essential as we pursue our shared vision of equitable access to health care for all Abbotsford residents.

Looking ahead, our Board is taking on a more strategic, governance-focused role to address the major health-system challenges facing our city. Our priorities include rising emergency department pressures, system capacity constraints, and the increasingly complex needs of an aging population. Supporting seniors requires a comprehensive approach: expanding Home Health, strengthening caregiver supports, emphasizing prevention, helping seniors age safely at home, and advocating for greater long-term care capacity when needed.

At the centre of our strategy is our commitment to members and ensuring their frontline experiences inform our decisions. On behalf of the Board, thank you to our members, physician leaders, staff, and community partners for your continued dedication to the health and well-being of Abbotsford.

Your board in Action







Building our future today

Strategic focus and intentional growth defined the 2025–26 fiscal year for Abbotsford Division.

Under the guidance of our Board, we prioritized continuous quality improvements, enhanced our professional education opportunities and provided meaningful engagements with our members.

A key aspect of our strategic vision was building a robust framework for physician recruitment, an initiative that continues to bear fruit as we successfully welcome new family doctors to our community year after year.

Moving forward, the Board intends to deepen these foundations through innovation, connection and collaboration, and ensure our local health-care system continues to meet the evolving needs of our growing patient community.

2025-2026 BOARD OF DIRECTORS



Dr. Hardeep Aujla
Chair



Dr. Mathews Manampuram
Vice-chair



Dr. Jenessa Nyvall
Director



Dr. Mike Yatscoff
Director



Dr. Saurabh Vaish
Treasurer



Jamie Tourond, NP
Secretary



Dr. Richard Welsh
Director

STRATEGIC PILLARS

Building on the four-year strategic plan we launched in 2024, the 2025–26 fiscal year marked a period of purposeful action and momentum. Throughout the past year, we prioritized impactful programs and collaborative initiatives designed to support our strategic priorities in meaningful and measurable ways. Every effort is anchored by our core pillars, which continue to drive our shared vision of a future where everyone in Abbotsford has equitable access to exceptional, team-based primary care.



Medical Student Mixer, July 2025



Polypharmacy in LTC, March 2026



Beyond Blankets, February 2026



Women in Health Care, March 2026

Creating a place to grow

The Division creates every opportunity to make it easy to choose Abbotsford as a destination for primary care practice. Our dynamic recruitment and engagement strategy supports every provider's journey, from med school to retirement.

Helping providers thrive

We create leadership opportunities and engagement activities that provide professional and personal fulfillment for members. This work is driven by our vision of equitable health access for all, delivered by thriving primary care providers.

Building the right relationships

Ongoing collaborative work with external partners and community groups allows us to broaden our impact and ensure our programs respond effectively to the evolving needs of our local community.

Fostering belonging and connection

Consistent provider engagement helps us address gaps in systems and supports. We create welcoming, inclusive environments where every health-care provider can connect, collaborate and feel a sense of belonging.



Western Medical Student Summit, February 2026

"We envision a future where every individual in Abbotsford has access to exceptional, team-based, primary care, delivered by dedicated and thriving health-care providers."

— Abbotsford Division of Family Practice Strategic Plan 2024-2028

OUR IMPACT BY THE NUMBERS

FACTS & FIGURES

223

Total number of Division members, including family physicians, NPs and residents as of March 31, 2026

GROWTH IN NUMBERS

26 new physicians

17 new nurse practitioners

MOA MATTERS

As essential primary care team members, MOAs were supported this year through expanded MOA Network opportunities in education, collaboration and peer networking.

100+ MOA Network participation

35 active members engaged

3 networking & education events

OUR WORK

Throughout the fiscal year, the Abbotsford Division of Family Practice worked collaboratively with physicians, residents, medical students, educational partners and provincial organizations to strengthen the local physician workforce.

YOUR FEEDBACK

MEDICAL STUDENT MIXER

"All in all, it was an amazing event and great opportunity to network."

WOMEN IN HEALTH CARE

"A really lovely event, staff were great! Felt very welcomed, and very much enjoyed my experience."

PAST, PRESENT & FUTURE OF MEDICINE

"I enjoyed the opportunity to meet colleagues outside the clinic environment."

HAND TRAUMA & OTHER HAND CONDITIONS

"The combo of good education, good food, interaction with colleagues, and sessional payment makes for a worthwhile evening."



MOA Day, October 2025

ENGAGEMENT

Constant connection opportunities were created for physicians, NPs, residents, medical students and MOAs.

13 Engagement & networking events

720+ Attendees across all events

436 Clinic and member support visits

EDUCATION

7 continuing professional development sessions

182 Attendees across all events

RETIREMENT & PRACTICE TRANSITION SUPPORTS

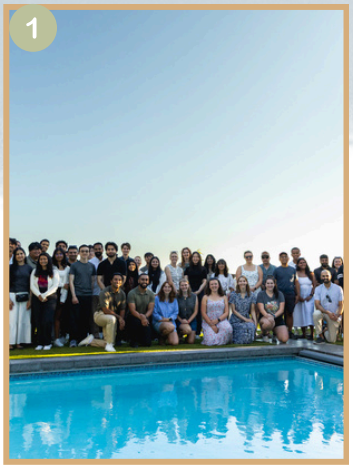
4

Recognizing each physician's medical journey is unique, Abbotsford Division has provided meaningful support for members through their practice transitions.

YEAR AT A GLANCE

Highlights from the year's most memorable moments bringing our community together through special events, workshops and learning sessions

1 - Medical Student Mixer
2 - Halloween Costume Contest
3 - BC Family Doctor Day





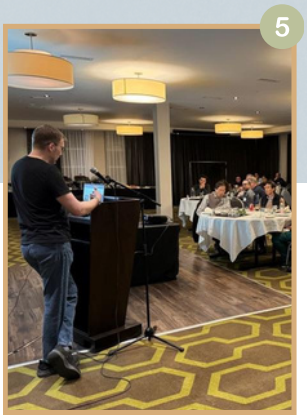




CONNECTED

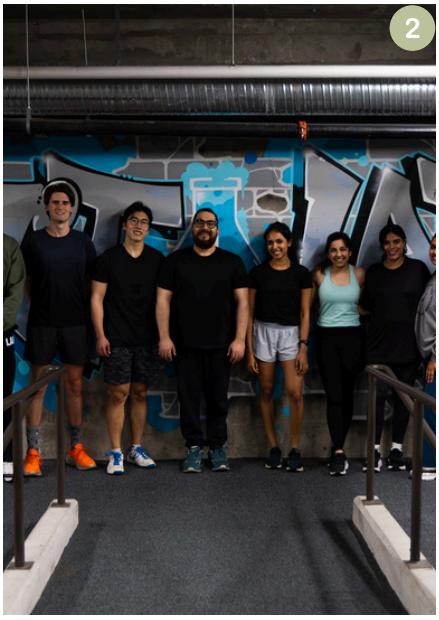


4 - National Future Physicians Forum
5 - Hand Trauma & Other Hand Conditions with Dr. Michael Liss
6 - PCN Meet and Greet



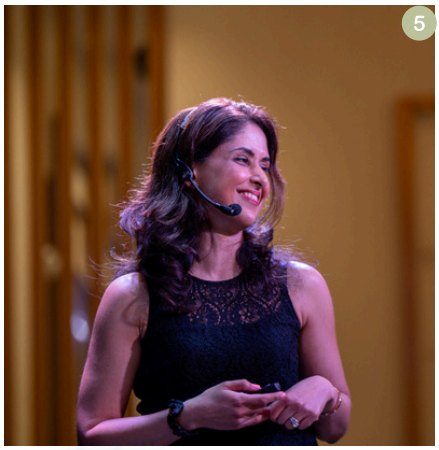










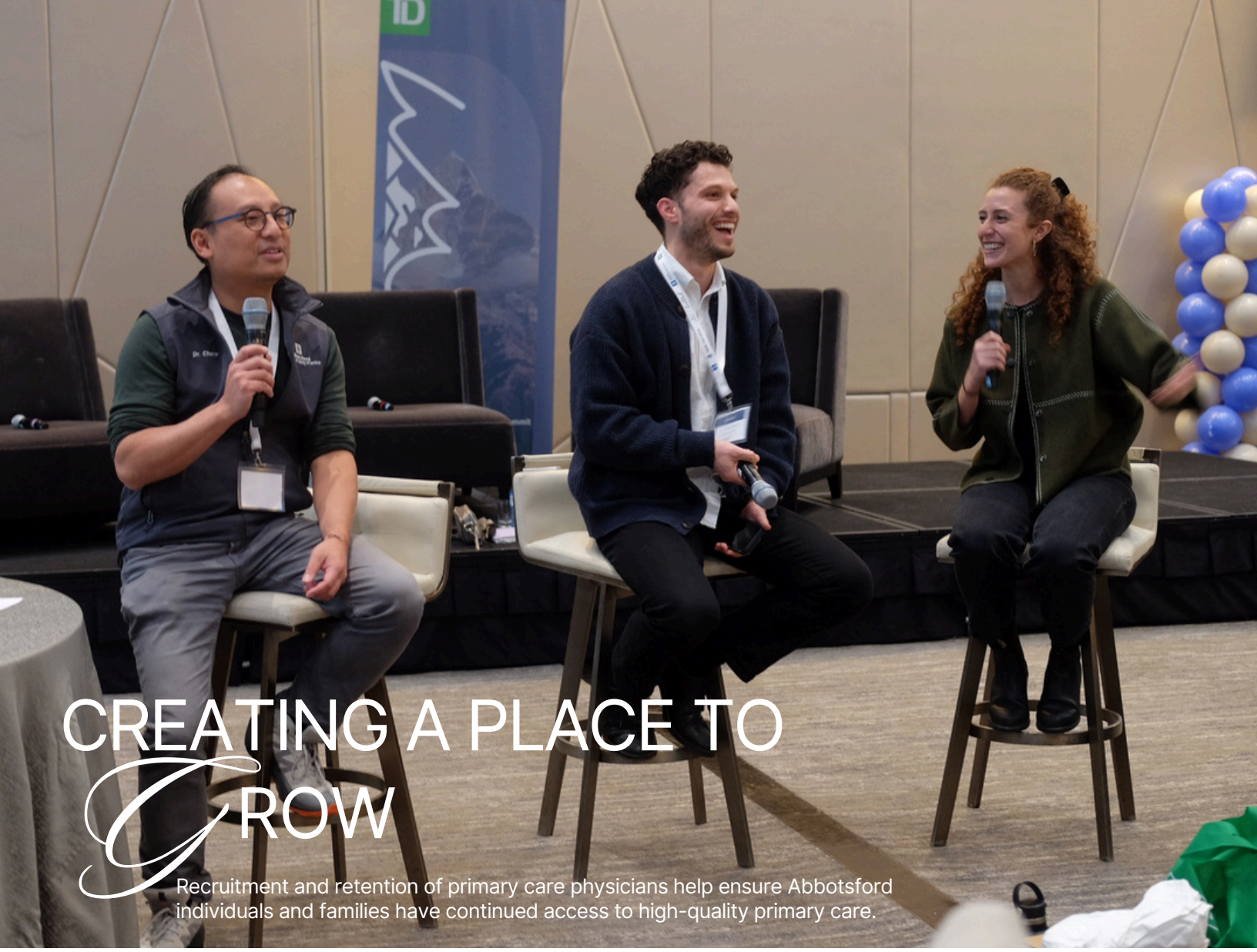


COMMUNITY



1 - MOA Holiday Doormat Workshop
2 - Resident Appreciation Event
3 - Polypharmacy in Long-term Care and Dr.Sarah Pawlovich appreciation
4 - Beyond Blankets Exercise
5 - Women in Health Care with Keynote Speaker Dr. Shahana Alibhai
6 - Past, Present & Future of Medicine
7 - Abbotsford Air Show





CREATING A PLACE TO GROW

Recruitment and retention of primary care physicians help ensure Abbotsford individuals and families have continued access to high-quality primary care.

Abbotsford Division's recruitment and retention strategy has been gaining momentum over the last few years. Guided by the 2024-2028 Strategic Plan, we ramped up our programs supporting medical learners in their journey.

Medical Student Mixer

The last fiscal marked the third year of our successful Medical Student Mixer. Some 35 medical learners attended last year's mixer, a big increase from the 2024 event with 20 medical student attendees. A highlight was the increase in participation from international medical students, a key focus of Abbotsford's physician recruitment strategy, given that 47 percent of family physicians in Abbotsford completed their medical degrees outside Canada.

Resident Support

The Abbotsford Division supported all of Abbotsford's family medicine residents throughout the fiscal year, including seven R1s and nine R2s. All nine of the graduating R2 residents received individualized transition-to-practice support, guiding them through this challenging and often overwhelming process in their family medicine journey.

Our success is evidenced by our high resident retention rate. Last year, eight out of the nine R2s we supported chose to stay and practice in Abbotsford after graduation.

Residents also received individualized mentorship, recruitment guidance, study support, wellness initiatives, networking opportunities, and other meaningful supports to help them navigate the transition to independent practice.

35 Medical Student Mixer attendees
100+ medical students engaged
1 Financial Bootcamp for graduating residents
1 Resident Doctor Appreciation event

Connecting physicians and learners

The **Learning, Education & Opportunity (LEO)** platform provides centralized access to educational opportunities, clinical experiences, mentorship and community engagement initiatives across Abbotsford.

This year, the Division focused on expanding and promoting LEO as a unique, central hub for learner engagement.



"If Abbotsford is known as a good, highly supportive place to come and work for IMGs, and we have more of them working here and sharing that message, it will just continue to be a positive experience."

— Dr. Caroline Cook, IMG physician lead

Clearing the path for IMGS

PRA-BC
Practice Ready Assessment – Physicians for BC

The Abbotsford Division continued to actively support the PRA-BC initiative by recruiting qualified candidates, coordinating community engagement, and assisting physicians as they transition into practice.

This year, we welcomed **two PRA-BC physicians** to Abbotsford. The Division played a vital role in their successful onboarding and community integration.

Year at a glance

Building tomorrow's workforce

130+
Medical students engaged

16
Family medicine residents supported

100%
Graduating residents supported through their transition to full practice

2
PRA-BC physicians selected

Events & engagement

8+
Recruitment & outreach events

16
Resident support and education sessions

6
Residents attended the Resident Appreciation event

Flipping the script on physician recruitment

The Abbotsford Division is transforming local primary care through a proactive, relationship-based physician recruitment and integration strategy.

Beyond traditional recruitment blitzes, the Division focuses on building early connections with medical students and residents, establishing Abbotsford as a top destination to train, practice and build a home.

Led by people and culture manager Marz Hussain and IMG physician lead Dr. Caroline Cook, the Division's approach is centred on high-touch, personalized care for incoming doctors. Prospective physicians receive tailored matching based on their clinical values and lifestyle, as well as hands-on navigation support for licensing, contracts, billing and workflow planning. This comprehensive support empowers doctors with choice and control before they even step through the clinic doors.

A key pillar of this success lies in supporting international medical graduates, who currently represent nearly half of Abbotsford's family physicians. By establishing early touchpoints — such as the annual Medical Student Mixer — and offering peer guidance from doctors who have navigated the process themselves, the Division creates a clear, welcoming pathway for international talent to thrive in the community.

The numbers speak to the strength of this relational model: the Division successfully welcomed 26 new family physicians in the last fiscal year alone. Through meaningful investments in health-care providers' success from day one, Abbotsford is building a resilient, sustainable ecosystem that stabilizes patient care and truly creates a place to grow.

To read the full story and learn more about our physician recruitment initiatives, visit adofp.ca.

HELPING PROVIDERS THRIVE

A key pillar of our vision of equitable health-care access for every person in Abbotsford is the development of a successful and thriving community of primary care providers. We are accomplishing this through meaningful programs that not only support their professional growth but also nurtures their personal fulfilment.

Professional growth

Continuing professional development is one of the Division's most valuable services for members. This year's education strategy focused on creating a sustainable educational pipeline built on physician feedback, clinical relevance and collaborative partnerships.

7 Physician education sessions

Event registrations **294**

182 Total attendees across all education events



Continuing professional development

Leadership opportunities

The opportunity to shape health care in our community, and beyond, is a compelling proposition for many primary care providers. Abbotsford Division continues to create these opportunities for our members through a variety of leadership roles, and by supporting them in pursuing initiatives that serve their professional growth and passion.

Physician advisory council

Dr. Jenessa Nyvall
Dr. Mathews Manampuram
Dr. Kathleen Ennis
Dr. Monika Wojtera
Dr. Balraj Dhaliwal

Physician leads

Dr. Sarah Pawlovitch
Long-term care

Dr. Caroline Cook
IMG & PRA recruitment

Dr. Richard Welsh
Pathways

Dr. Balraj Dhaliwal
South Asian

Dr. Saurabh Vaish
Provincial Attachment System

LTCI Advisory Group

Dr. Sarah Pawlovich
Dr. Jenessa Nyvall
Dr. Dayan Muthayan
Dr. James Warkentin
Dr. Kaverveer Purewal
Dr. Paul Fluit
Dr. Melina Campbell
Dr. Ken Dueck
Jasmine Sekhon
Diana Bae
Abbotsford Divison



Strengthening physician peer network

Chronic conditions working group

Dr. Jenessa Nyvall
Dr. Balraj Dhaliwal
Dr. Ashish Grover
Sheri Josephson
Jasmine Sekhon
Abbotsford Division

Sarah Siebert
Sheryne Power
Fraser Health

Kevin Cadiogan
PCN Chronic Conditions Nurse

PCN steering committee

Dr. Mathews Manampuram
Dr. Jenessa Nyvall
Dr. Kathleen Ennis
Dr. Balraj Dhaliwal
Jamie Tourond, NP
Ruby Tatlock, NP

Sheri Josephson
Jasmine Sekhon
Abbotsford Division (non-voting)

Shirley Wilson
Community Partner

Sarah Siebert
Fraser Health

Chief Alice McKay
Flora Silver
Pixie Wells
Indigenous Community Partners

Sheryne Power
Fraser Health (non-voting)

Finding purpose in long-term care

Dr. Sarah Pawlovich's path to long-term care (LTC) began almost by chance. After moving to Abbotsford in 2011, following two decades of medical practice in Northern B.C., she was exploring her next steps when she saw a call-out in the Abbotsford Division of Family Practice newsletter for doctors interested in seniors' care.



That single newsletter item led to a meeting with physician mentor Dr. Alf Chafe — and sparked a defining chapter in her medical career. Connecting with the Division opened the door to a field Dr. Pawlovich quickly grew to love.

Over the past three years, she served as the physician lead for the Abbotsford Long-term Care Initiative (LTCI), a collaborative program supported by the Division, Fraser Health, and the Family Practice Services Committee. The initiative delivers coordinated, 24/7 team-based care for nearly 1,000 residents across 11 local LTC facilities, driven by a network of more than 30 dedicated local physicians.

Through her leadership and clinical work, Dr. Pawlovich discovered a profound fulfillment in helping families navigate end-of-life care with dignity and peace of mind. She works actively to normalize residential care, helping families transition away from caregiver burnout so they can focus on simply being supportive spouses, sons and daughters. Passionate about passing on this calling, she also leads Division-supported educational sessions for UBC resident doctors to give the next generation of physicians early exposure to the rewards of seniors' care.

As Dr. Pawlovich steps back from her leadership role with the LTCI, her journey highlights the essential role the Division plays in connecting physicians with meaningful practice opportunities. For Dr. Pawlovich, the heart of medicine is simple: building human connections, supporting care teams and bringing compassion to patients in the final chapter of their lives.

Find the full story online, visit adofp.ca.

Personal fulfillment

Sustaining our care providers means celebrating their contributions and milestone moments, and supporting their well-being outside the clinic office. We invest in meaningful appreciation events, community activities and cultural traditions that bring our members together, strengthen peer connections, and foster true personal fulfillment.



Support through team-based collaboration

"I JUST REALLY GREW TO LOVE THE WORK. WE'RE HELPING FAMILIES AND RESIDENTS COME TO TERMS WITH END-OF-LIFE, AND WHAT A VALUABLE, IMPORTANT THING TO DO."

— Dr. Sarah Pawlovich

LONG-TERM CARE INITIATIVE

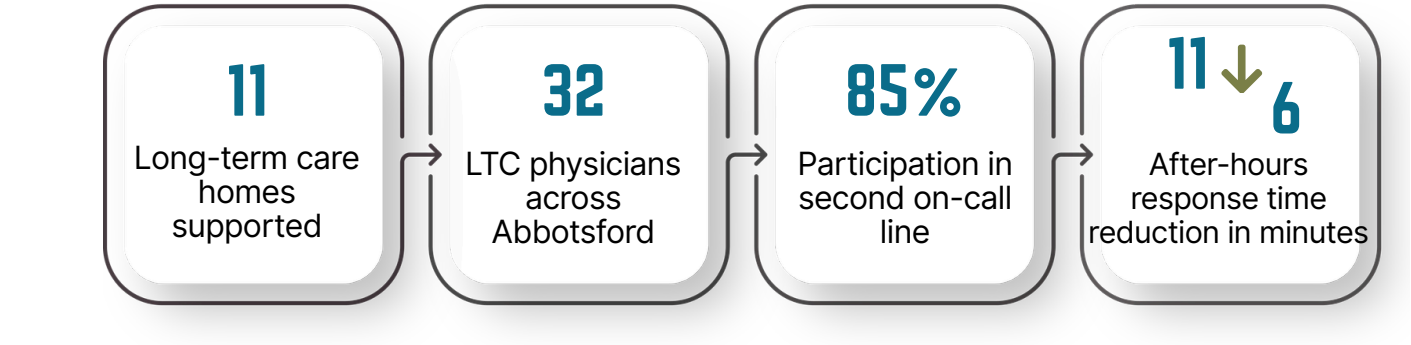
Powering sustainable senior care across Abbotsford

The Abbotsford Division's Long-term Care Initiative focuses on supporting our physicians so they can provide exceptional, compassionate care to older adults. This past year, our efforts centred on two key pillars: **Expanding our physician network** and **enhancing the after-hours care model**.

Through a dynamic recruitment strategy, including initial site tours, administrative setup, and peer mentorship, we created a welcoming pathway for doctors entering long-term-care practice. We continued to build stronger ties between physicians, directors of care and Fraser Health partners to cultivate a connected community of practice that allows physicians to thrive.

To ensure sustainable, long-term physician coverage across Abbotsford's care homes, our team focused heavily on streamlining communication and providing hands-on operational support throughout the fiscal year. This included coordinating introductory meetings, facilitating peer mentorships, and assisting with complex administrative processes. This enabled a smoother transition for new physicians while maintaining a high quality of operational support for established members.

The ongoing, strategic and comprehensive engagement with physicians, medical directors, LTC care home staff and community partners has significantly improved the onboarding experience and created a far more collaborative and supportive environment for everyone delivering care to seniors in our community.



Enhancing after-hours care

To ensure LTC residents receive prompt, high-quality care outside regular clinic hours, the Abbotsford Division implemented two major quality improvement initiatives this year: standardized SBAR communication and launched a second on-call line.

Standardizing SBAR communication

In partnership with nursing teams and physician leaders, we introduced a standardized SBAR (situation, background, assessment, recommendation) tool across all 11 LTC homes. This streamlined handover protocols dramatically improved the consistency, clarity and speed of communication between nurses and on-call physicians.

Second on-call line

To support peak demand periods and reduce delays, we launched a second physician on-call line in partnership with Personal Touch Answering Service. This provided built-in escalation pathways, cut response times nearly in half, and delivered a safer, more reliable care system for residents when urgent medical needs arise.

Next steps



Our work this year reaffirmed that successful and sustainable physician recruitment and retention rely on strong relationships, clear communication and ongoing support. Moving forward, the Division will continue to build standardized orientation tools, expand mentorship opportunities, and refine after-hours workflows to support long-term physician sustainability.

Primary Care NETWORK

YEAR OF GROWTH AND GROWING PAINS

Moving from pilot phase to full implementation this year, Abbotsford PCN quickly shifted gears to expand its services to more clinics and grow its allied health professional (AHP) team members to enable greater collaboration with primary care providers.



Key highlights

As Abbotsford PCN transitioned from its pilot status, work was focused on building a fully established program and prioritizing operational sustainability and quality, and expanding care capacity.

We made major strides in scaling team-based care. We expanded our multidisciplinary team — adding a clinical pharmacist and chronic conditions nurse to our existing roster of clinical counsellors, dietitian and social worker. We refined our AHP onboarding process and implemented a structured progress tracking system, laying the groundwork for ongoing quality improvements.

Advancing Indigenous cultural safety



The Indigenous Cultural Safety Shared Care project was officially wrapped up in March of 2026. To close out the project, the Division partnered with the Abbotsford School District to host a version of the Kairos Blanket Exercise. The Division continues its commitment to building trust in the health-care system for Indigenous patients and communities.

Moving forward

Centred on relationship-building, the PCN's four-pillar community engagement strategy sets the roadmap for the 2026-27 fiscal year. The initiative focuses on boosting public and physician awareness of local resources, embedding community voices into health planning, and assessing emerging local needs. By nurturing key partnerships, the Division continues to build a stronger, more connected health-care network for both providers and patients.

THE SNAPSHOT

PCN CLINIC GROWTH
7 to 13

PCN PHYSICIANS
58
as of March 31, 2026

REFERRAL GROWTH
549%
based on 3-month rolling average

AHP
Clinical Counsellors
Social Worker
Registered Dietirion
+
Clinical Pharmacist
Chronic Conditions Nurse

PATIENT IMPACT

70%
Patients rated AHP visit as **'very good' or 'good'**

90%
'Very satisfied' or **'satisfied'** with ability to access PCN services

Clinical Counsellors
Received **83% of** all PCN referrals

+70%
reported **'always'** receiving timely appointments with AHPs

"Anytime any of my patients were facing issues navigating the system, I was able to refer them to the PCN social worker. My patients have benefitted so much, and it's been a huge success for us."

— Dr. Presley Moodley, family physician

Fostering Connection and Belonging

When providers and clinic staff feel supported and connected, they thrive. Listening to feedback from our members, the Division recognized a clear need for opportunities to reconnect with peers outside the daily demands of clinical practice. In response, we hosted focused gatherings, wellness events, and networking initiatives designed to rebuild community ties and foster camaraderie.

Equally important is ensuring our frontline workforce feels recognized. Through ongoing activities for family physicians, nurse practitioners and MOAs, we celebrate the vital role each of them plays in our health-care system.

Throughout the year, the Abbotsford Division provided spaces and opportunities where primary care providers and clinic staff can feel a genuine sense of belonging and value. The outcome is a stronger sense of fulfillment and a resilient primary care network in our community.

COMMUNITY
Past, Present & Future of Medicine
Women in Health Care
UBC Graduation
NETWORKING
UBC Scholars Day
MOA Appreciation Day
CAMP DAY
BC Family Doctor Day
APPRECIATION
UBC Scholars Day
MEDICAL STUDENT MIXER
COLLABORATION
MOA workshops and education
Resident Appreciation
NATIONAL FUTURE PHYSICIANS FORUM
CONNECTION



Women in Health Care presentation
March 2026



BC Family Doctor Day
May 2025



National Future Physicians Forum
September 2025

Making the time and place to reconnect

Women in Health Care
Featured mental health expert Dr. Shahana Alibhai providing insights on key pillars of a healthy mindset

Past, Present & Future of Medicine
Celebrated 16 years of Abbotsford Division and 15 years UBC Residency Program, and recognized ARHCC MSA medical staff for their outstanding contributions

Member recognition and appreciation

National Physicians and BC Family Doctor Day
Small tokens of appreciation for the dedicated family physicians serving our community

MOA Day & Education Events
Provided opportunities for Abbotsford MOAs to come together, share stories and learn

Creating a place future doctors can call home

National Future Physicians Forum
Supported and welcomed first-year med students for a day of learning and connection.

UBC Scholars' Day and Resident Graduation
Division staff actively engaged with and supported residents through key milestones in their journey

Connecting patients to primary care

Through dedicated, practical support, the Division continued to help local clinics navigate the Provincial Attachment System and keep the Health Connect Registry continuously updated. This year, our coordinated efforts successfully led to more than 5,000 Abbotsford residents attaching to a permanent primary care provider.

While this milestone reflects great progress, thousands of patients in our growing city remain unattached. Closing this gap requires a sustainable, well-supported health-care workforce. This is the driving force behind the Division's dynamic recruitment and retention strategy. Our efforts to empower clinics through operational support and actively bring new providers to Abbotsford are the pillars of our commitment to expand health-care access for every resident.

Patient attachment summary

as of March 31, 2026

5,363 Total number of patients attached to a primary care provider

90+ Abbotsford primary care providers accepted new patients

7,182 Active waitlist registered on Health Connect Registry

Making a home in our community

Transitioning into full-time practice is about more than setting up a clinic — it is about finding a place to call home. We create a supportive environment where new physicians feel genuinely welcomed, valued and connected. Resident doctors are supported by dedicated local mentors, and offered hands-on business guidance and personalized clinic matching, fostering a deep sense of belonging that inspires emerging doctors to build their long-term careers right here in Abbotsford.

Passion for women's health

For Dr. Anika Constantinescu, an international medical graduate who trained in Australia, a return-of-service commitment gave her the choice to practice in the Fraser Valley. She chose Abbotsford because of the authentic sense of community she experienced during her residency.



Supported by the Division's engagement initiatives, Dr. Constantinescu found inspiring role models among local female physicians, and received personalized guidance to find a clinic aligned with her values. That deep-rooted sense of belonging made staying in Abbotsford an easy decision, and today she thrives at Allwood Medical Centre with a practice focused on women's health.

Homegrown connection



Born and raised in Abbotsford, Dr. Sahil Chawla has dreamed of caring for his hometown, but transitioning from residency to practice still required the right foundation.

The Division's continuous, open-door support gave Dr. Chawla the confidence and community connection he needed to take that final leap. Beyond practical business and contract resources, the Division connected him with established local physicians who welcomed him as a colleague and peer.

Feeling fully supported by the Abbotsford medical community, Dr. Chawla established his practice at home, where he now focuses on regenerative medicine to serve Abbotsford's aging population.

By giving back to the community that raised him, he hopes to inspire future local residents to pursue medicine and return home to practice.

Read more about their stories online, visit adofp.ca.

BUILDING THE RIGHT RELATIONSHIPS



Over the past year, the Division deepened collaboration with key local agencies to improve health outcomes and establish clear, trusted referral pathways for our members.

Our ongoing collaboration spans health authorities, non-profits, education institutions, local government, and Indigenous partners, ensuring our primary care network remains connected to the broader community ecosystem.

Indigenous Cultural Safety Shared Care Project: Key Learnings & Opportunities

Trust through connection: Safe care begins with authentic relationships with Indigenous patients and partners.

Peer guidance: Member champions lead by example to advance cultural humility across our network.

Continuous action: We remain committed to providing members with ongoing training and resources to advance reconciliation in daily practice.

Our participation in interdisciplinary working groups, such as the Abbotsford ACCESS tables, Safe Relationships/Safe Children, and various Communities of Practice, allow us to gather insights on community challenges and keep our pulse on emerging public health trends.

Community Highlights

110 seniors engaged at the City of Abbotsford's Senior's Week kick-off and service fair

5+ Interdisciplinary community tables & working groups actively attended by our Community team

1st year medical students supported through our partnership with the National Future Physicians Forum

Strategic alliance powers local health-care delivery

As Abbotsford's population rapidly grows — projected to reach 200,000 within the next decade — the strategic partnership between the Abbotsford Division of Family Practice and the Fraser Valley Health Care Foundation (FVHCF) plays a vital role in keeping quality care close to home.

While distinct in their operations, both organizations share a commitment to community wellness. The Division focuses on recruiting, onboarding and supporting primary care providers, while FVHCF raises funds for essential equipment and program enhancements at local hospitals and Fraser Health facilities. Working in tandem ensures that newly equipped facilities are supported by dedicated health-care professionals.

Beyond clinical operations, this strategic alignment directly connects providers with the community. The Division has supported FVHCF's initiatives, including the Walk for Cardiac



Health at Mill Lake Park, which brings providers and residents together to raise funds for specialized cardiac rehab equipment. The partnership also extended to public education initiatives, including events like the Health Talks series, a half-day event featuring speakers focused on specific health-care topics and resources for community members.

The long-standing partnership with the FVHCF is one of many ways the Division is building relationships to support its vision of equitable, team-based care with a dedicated and thriving provider community.

Aknowledging our partners and sponsors

FPSC Family Practice Services Committee
Medical Staff Association — Abbotsford Regional Hospital and Cancer Centre — Physician Engagement Society
Semá:th Sumas First Nation
First Nations Health Authority — Health through wellness
FVMA
MÁTHEXWI
Merv and Lisa Byers
fraserhealth
doctors of bc — Better. Together.
Fraser Valley Health Care Foundation
THE FITNESS LAB
LEPP FARM MARKET
SharedCare — Partners for Patients
British Columbia — HealthLinkBC
PERFECTTAN WELLNESS CENTER
PORTFOLIO PLANNING

FINANCIAL OVERVIEW

Treasurer's report

As board treasurer and a family physician in our community, I view the Division's financial stewardship as more than balancing the books. It is about ensuring the resources entrusted to us are managed responsibly and directed toward strengthening primary care, supporting our members, and improving care for patients in Abbotsford.

The 2025-26 fiscal year was marked by significant growth and increasing complexity for the Division, particularly as we expanded our role in Primary Care Network implementation and other community initiatives. Throughout this growth, the Division maintained a positive financial position and strengthened its net assets. Much of the funding held by the Division is designated for specific programs, reinforcing the importance of careful oversight, timely implementation, and accountability to our funding partners.

Our independent auditors concluded that the financial statements present fairly, in all material aspects, the Division's financial position in accordance with Canadian accounting standards for not-for-profit organizations, providing important assurance to both the Board and our membership.

ABBOTSFORD DIVISION OF FAMILY PRACTICE SOCIETY
Statement of Operations
Year Ended March 31, 2026

	2026	2025
REVENUE		
Program funding *(Note 7)*	$ 1,464,982	$ 839,550
Infrastructure funding *(Note 7)*	644,309	686,293
Local initiatives	54,912	
Other income	68	8,104
	2,164,271	1,533,947
EXPENSES		
Human resources	1,188,560	827,476
Membership	234,856	139,888
Administration *(Schedule 1)*	215,551	118,095
The Network	214,172	219,477
Facilities	141,712	82,659
Board and committees	70,558	63,444
Supplies and equipment	48,555	8,775
	2,113,964	1,459,814
EXCESS OF REVENUE OVER EXPENSES	$ 50,307	$ 74,133

Looking ahead, strong governance and financial stewardship will remain essential. On behalf of the Board, thank you to our staff, leadership, members and partners for their continued commitment and responsible stewardship, as we work together to build a stronger and more sustainable primary care system for Abbotsford.

— Dr. Saurabh Vaish
Board treasurer

Abbotsford Division Of Family Pra

https://adofp.ca

Abbotsford
Division of Family Practice
An FPSC initiative

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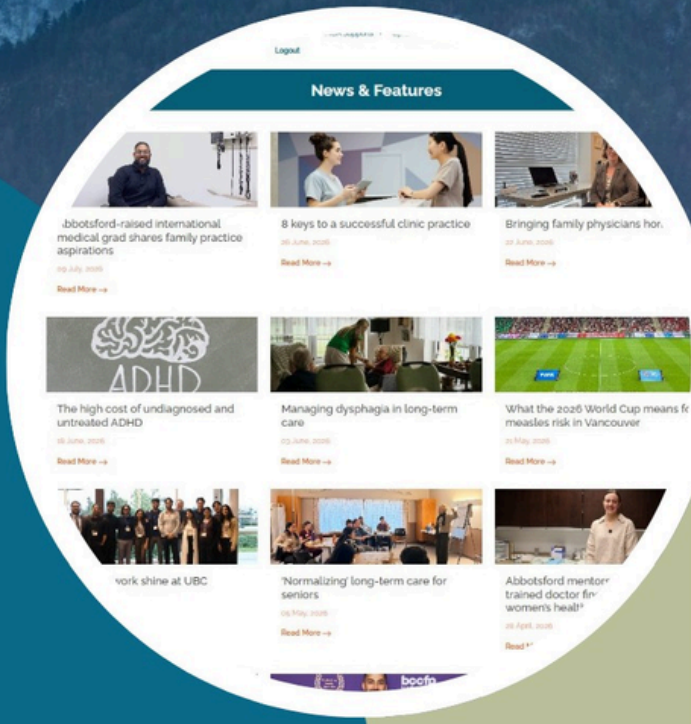
Welcome to Abbotsford!

If you are looking for a doctor, community health resources, or information about practising in this city, you've come to the right place.

VISIT OUR WEBSITE

ADOFP.CA



A resource for physicians, nurse practitioners, patients and community partners in Abbotsford.

EXPLORE

- Physician resources
- Recruitment programs
- Patient attachment
- News & features
- Primary Care Network

CONNECT WITH US

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